

Nutmeg Chapter #4244

Waterbury, Connecticut

*A League of the
American Business
Women's Association*



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President's Message

Happy New Year to Everyone!

I hope you all had a warm and relaxing Christmas and New Year's!

At the February members only dinner meeting, the Nutmeg Chapter will accept nominations for ABWA Woman/Man of the Year as well as 2017 Top Ten Business Women of ABWA Recognition. The eligibility criteria are printed on page 3 of this newsletter for reference.

A quorum is needed at our February dinner meeting in order to vote on our upcoming fundraisers needed to fund our scholarship for the 2017 year as well as the proposed standing rules for 2015-2016.

Looking ahead, mark your calendar for the Eastern Regional Conference in Greensboro, NC on March 31-April 2, 2016.

Sandie Harrison



**Changing
Women's Lives
One Woman
At a Time**

Vision Statement

At the **Nutmeg Chapter**, we are
Aspiring, **B**right, **W**omen **A**chieving goals and dreams.

Spice up **your** life with a little Nutmeg!

The Chapter's recipe for success includes some key ingredients from our garden:

Respect, **I**nspiration, **A**mbition, a **T**hirst for **K**nowledge, and a **T**aste for **S**uccess.

Our garden thrives through networking and education while cultivating our communication skills to

Grow You and Grow Together in business and friendship.

The mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition.

Executive Board

President

Sandie Harrison

Email: sandiecpa2000@outlook.com

Phone: (203) 558-8427

Vice President

Doreen Dilger

Email: doreendilger@yahoo.com

Phone: (203) 910-0587

Secretary

Jorge Dias

Email: jorge_dias@ml.com

Phone: (203) 706-2999

Treasurer

Diana Rivera

Email: secretsnaug1221@gmail.com

Phone: (203) 709-1428

CONGRATULATIONS to our own **Nicki Maiorano** and her sister Dawn for their New Age emporium designed to help balance the mind, body, and spirit. The shop will be selling jewelry, wall art, candles and specialty products.

Karmic Inspirations
112 Grand Street
Waterbury, CT 06702
(203) 527-5566

www.karmicinspirations.net

Committee Chairs & Co-Chairs

Education

Jan Baltrush

Email: Findyourstuff@att.net

Phone: (203) 592-3645

Hospitality

Jane Polacco

Email: jane@polaccoaccounting.com

Phone: (860) 274-5050

Hospitality

Judy LaCapra

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Phone: (203) 592-7003

Membership

Doreen Dilger

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Recognition

Marita Calabro

Email: mcalabro6567@sbcglobal.net

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Recognition

Dolores Yerger

Phone: (203) 267-4270

Social Media

Jorge Dias

Email: jorge_dias@ml.com

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Newsletter

Sandie Harrison

Email: sandiecpa2000@outlook.com

Phone: (203) 558-8427

Publicity

Mary Buckley

Email: Mjwbucklley@gmail.com

Phone: (203) 525-8870

Congratulations:

*Amber Palomba and
Kenny Fiarfax are
the proud parents of
Kenny Jr. born on
Christmas Day!*

Professional Dev Program

Rita Lombardi

Email: ritalombardilmt@gmail.com

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Professional Dev Program

Linda Jacovino

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Fundraising

Lynn Lund

Phone: (203) 755-9207

Fundraising

Barbara Houle

Email: LTFBMH@aol.com

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Woman/Man of the Year Award

It has been a long standing tradition in ABWA to recognize a member that has made a notable contribution to the success of their Chapter in the current and/or past Award Year.

The criteria for this award is first to be a member in good standing with local and national dues. The next is all nominees must be members in good standing for a minimum of three years and have held a chapter office or chaired a committee.

The election will be held in March at our dinner meeting.

2017 Top Ten Business Women of ABWA Recognition

Since its inception in 1953, ABWA has recognized hundreds of women for the coveted award, the Top Ten Business Women of ABWA. This award is intended to underscore a member's professional accomplishments, contributions to her community and engagement in ABWA. Eligibility requirements for Top Ten:

- Have never received this award previously.
- Be a female and currently employed.
- Have been an ABWA member in good standing since May 15, 2013.
- Have a *primary affiliation* for at least one year with the league who has selected her for this award as of May 15, 2016.
- Have served in an ABWA leadership position since 2013 on the National Board of Directors and/or American Business Women's Foundation, a Steering Committee Representative, a conference volunteer for the national or regional conference events, or an officer, committee chair, chapter advisor for her primary chapter since 2013.
- Have sponsored at least three members since 2013.
- Have earned at least one Apex Award as of May 15, 2016.
- Have attended at least one nationally sponsored ABWA event since 2013.

Changing Women's Lives

Join ABWA to connect, learn, and grow! Membership opens many professional growth opportunities while keeping you connected to the largest network of working women in the country. You'll benefit from leadership training, professional development, networking opportunities, and more. Join today and become a member of America's leading career-building organization for women.

Join us on Facebook: [ABWA Nutmeg Chapter](#)

ABWA's Proud Code of Conduct

1. All members will serve as goodwill ambassadors for the American Business Women's Association.
2. Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA's mission.
3. Members will always treat their member colleagues, guests, vendors and sponsors with honesty, respect, fairness, integrity, responsibility, kindness, and in good faith.
4. Members will maintain compliance with ABWA National, Chapter and Express Network Bylaws.
5. Members will not use their personal power to advance their personal interests.
6. Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills, and by encouraging the professional development of other members.



Sandie Harrison
Chapter President

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Woodbury, CT 06798



Things to Remember

Member's ONLY Meeting

Monday: 2/1/16

The Owl Center

51 Depot Street

Watertown, CT 06795

The cost is FREE for members.

Dinner menu:
Salad, Pizza, Dessert, Coffee/Tea & Soda

RSVP by Wednesday 1/27 to:
register@abwanutmeg.org

Or call

Jane Polacco (860) 274-5050

Or

Judy LaCapra (203) 592-7003

Upcoming Events:

January 7, 2016

No meeting. Stay warm and cozy in front of the fire with a good book.

February 1, 2016

Members ONLY meeting! Quorum needed to vote on proposed standing rules and Spring Conference. Nominations of WOY and Top Ten. We will be meeting at the Owl Center in Watertown.

March 7, 2016

Quorum needed to elect WOY and Top Ten along with a Nominating Committee.